

Violence Against Women Prevention Programming: Report of What Is in Use

The logo features a stylized green plant with three leaves in the center, set against a background of larger, semi-transparent blue leaves. The text of the logo is centered below the plant.

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Violence Against Women Prevention Programming: Report of What Is in Use

National Violence Against Women Prevention Research Center

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Background

Violence against women has a significant public health impact in the United States. A recent survey of US women found that the cumulative incidence of physical assault and rape against women is about one half of American women.¹ There are numerous community programs to assist women and their families who are victims. However, little is known about the extent to which these programs are similar and different. In the CDC Injury Research Agenda (DHHS, 2002) one objective is to describe service use and impact.²

Purpose of the Survey

This report presents data that is relevant to attempts to describe service use and impact. The survey, conducted in 2001, sought to gather information on the extent to which violence against women (VAW) agencies provide prevention programs, and to describe the nature and types of programs currently implemented. Specifically, we were interested in gaining information on standardized, structured programs in use. Finally, we wanted to learn whether community agencies conduct outcome evaluations regarding these prevention programs.

References

- 1 Tjaden P., Thoennes, N. (November 2000). Full Report of the Prevalence, Incidence, and Consequences of Violence Against Women (NCJ 183781). Washington D.C.: National Institutes of Justice.
- 2 United States Department of Health and Human Services (June, 2002). CDC Injury Research Agenda. Atlanta, Georgia: CDC.

Survey Development

Project staff wrote initial items and pilot tested the survey for comprehensiveness and readability. Project investigators reviewed the revised survey and provided additional feedback. As a final step, the survey was pilot tested with members of the St. Louis practitioner advisory board and revised in response to their feedback.

Survey questions focused on two categories of information:

1. Background information about the organization.
2. Information about the nature and type of prevention programming in seven areas.
 - a. Child Sexual Assault
 - b. Adult Sexual Assault
 - c. Domestic Violence
 - d. Teen Dating Violence
 - e. Date Rape
 - f. Revictimization
 - g. Perpetration of Violence Against Women

Sample Identification

We attempted to develop the most comprehensive list of Domestic Violence and Sexual Assault agencies possible for this survey. The list was developed from the:

1. ***1999-2000 Directory of Domestic Violence Programs***, published by the National Coalition of Domestic Violence.
2. ***2001 Directory of Sexual Assault Crisis Centers in the United States***, published by Virginians Aligned Against Sexual Assault.

Listings from the two directories were crosschecked to provide an unduplicated list of US agencies providing either domestic violence or sexual assault services.

Survey Administration

Data collection was completed between July 2001 and November 2001. A total of 2,583 surveys were mailed to agencies in all fifty states and the District of Columbia. A short cover letter describing the survey, and a copy of *Fostering Collaborations to Prevent Violence Against Women*, was mailed with each survey. Approximately six weeks following the initial distribution of surveys, reminder cards were sent to all agencies that were mailed surveys. Twenty-six agencies were eliminated after the initial administration for the following reasons:

1. Was not a VAW agency (N= 5)
2. Duplicate survey was sent (N= 1)
3. Wrong address that could not be corrected (N= 20)

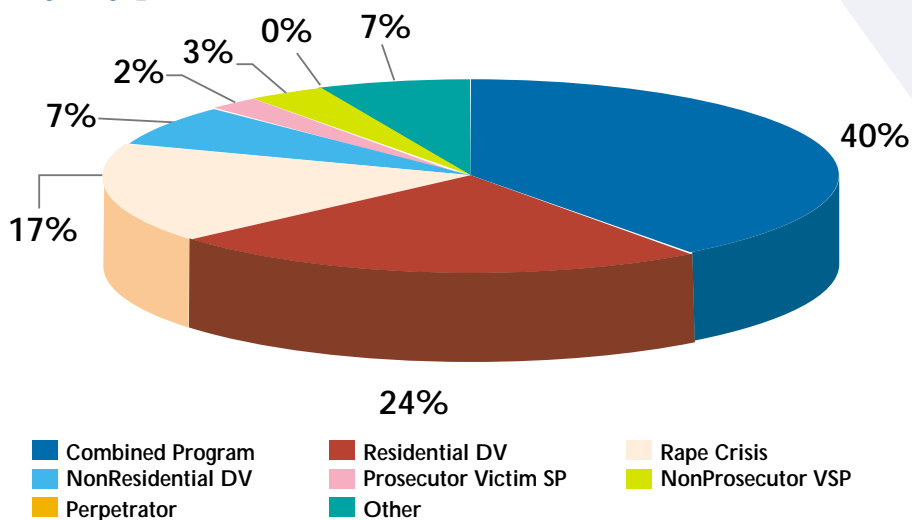
The overall response rate was 20.4% (N = 526).

Each state's response rate was compared to the total response rate, in order to determine whether or not the response rate varied by state, using Fisher's Exact Test. For each individual comparison, the state being compared to the total was deleted from the total response rate for that comparison. In general, there was not significant variation by state. Using a .10 probability level, two states (Wyoming, 7.1% and California, 12.2%) were below the overall response rate. Three states were above the overall response rate. North Carolina's response rate was 35.1%, Nebraska's response rate was 45.8%, and West Virginia's response rate was 43.8%.

In summary, although the overall response rate was low, it does not appear to be significantly biased by region, except that the west (California in particular) might be somewhat underrepresented. Of the 196 questionnaires mailed to California, 24 were returned.

Respondent Characteristics:

Agency Type



The largest percentage of responding agencies (40%) described their programs as a combination of domestic violence and rape crisis services. Slightly less than one quarter of responding programs were residential domestic shelter programs. Three percent of responding programs did not classify their programs on this dimension. Other program types among responding agencies included: state DV or SA coalitions, mental health centers, education programs, family court, court-based victim advocacy, family violence/ policy initiative, YWCA.

Agency Characteristics

The majority of agencies that responded reported having 9 or more paid staff. Less than one-fifth of reporting agencies employed fewer than 5 workers. Nearly 40% of the agencies reported 16 or more employees.

In addition, volunteers comprised a large proportion of agency staffing. More than one-third of the agencies relied upon 31 or more volunteers. Approximately one-fourth of the sample reported a volunteer pool of ten or less.

Number of Paid Staff	%Agencies	(N)
0-2	4.9	(26)
3-5	15.4	(81)
6-8	16.2	(85)
9-11	11.8	(62)
12-15	11.8	(62)
16+	39.2	(206)
Missing data = 4		

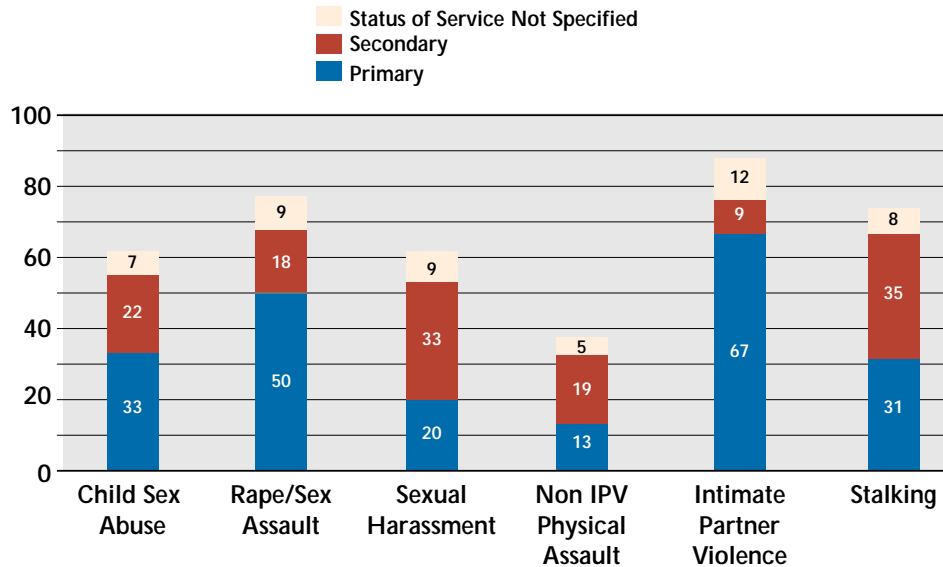
Number of Volunteers	%Agencies	(N)
0-5	17.1	(90)
6-10	10.5	(55)
11-15	11.2	(59)
16-20	10.3	(54)
21-30	13.5	(71)
31+	36.5	(192)
Missing data = 5		

A significant finding was that nearly all (94%) of the agencies reported having access to the Internet. While future surveys of these agencies might effectively employ web-based surveys, it will be important to remember that this sample represents only a 20% response rate and may be biased.

Populations Served

Adult sexual assault and domestic violence survivors are the primary populations served by agencies responding to the survey. Child sexual abuse, stalking, and sexual harassment were targeted as primary populations by approximately one third or fewer of the agencies responding.

Populations Served By Agencies

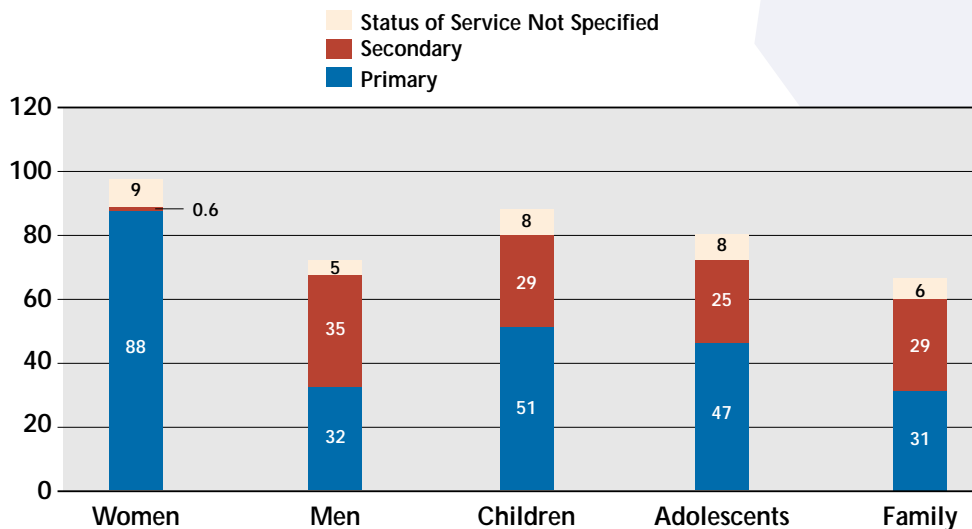


Percentages add up to more than 100 because respondents selected multiple response categories. "Status of Service Not Specified" indicates that respondent reported the service, but did not identify it as primary or secondary.

Agency Clientele

Not surprisingly, adult women were the primary recipients of services. However, children and adolescents were also served by most agencies. About one-third of reporting agencies provided family services in addition to individual services for adults and children.

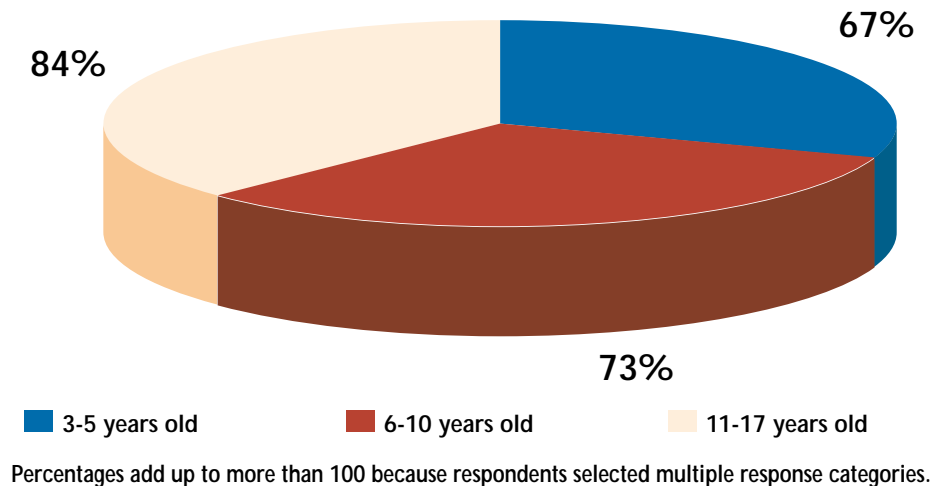
Clientele Served By Agencies



Percentages add up to more than 100 because respondents selected multiple response categories. "Status of Service Not Specified" indicates that respondent reported the service, but did not identify it as primary or secondary.

Sixty-four percent of agencies (N=337) reported serving all ages. Agencies that provided services to children were generally inclusive in the age ranges served. When the full range of children was not served, a slightly higher proportion of agencies served older (11-17) compared to the youngest children (3-5).

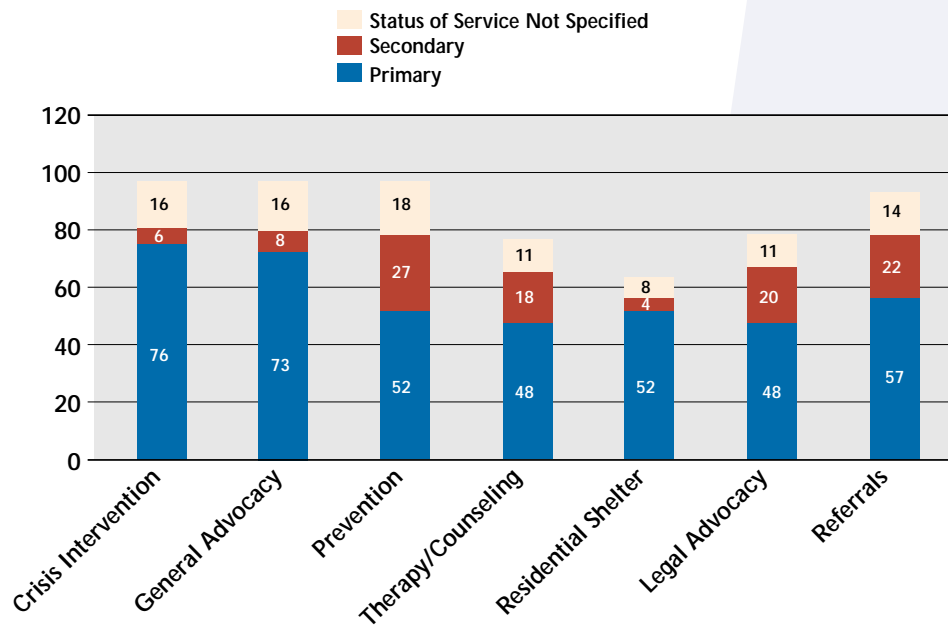
% Agencies Serving Children



Services Offered

The responding agencies most often reported that they provided crisis intervention and advocacy services. Slightly more than one-half of the agencies provided residential shelter and referral services. Almost half or respondents provided therapy and counseling services.

Services Offered By Agencies



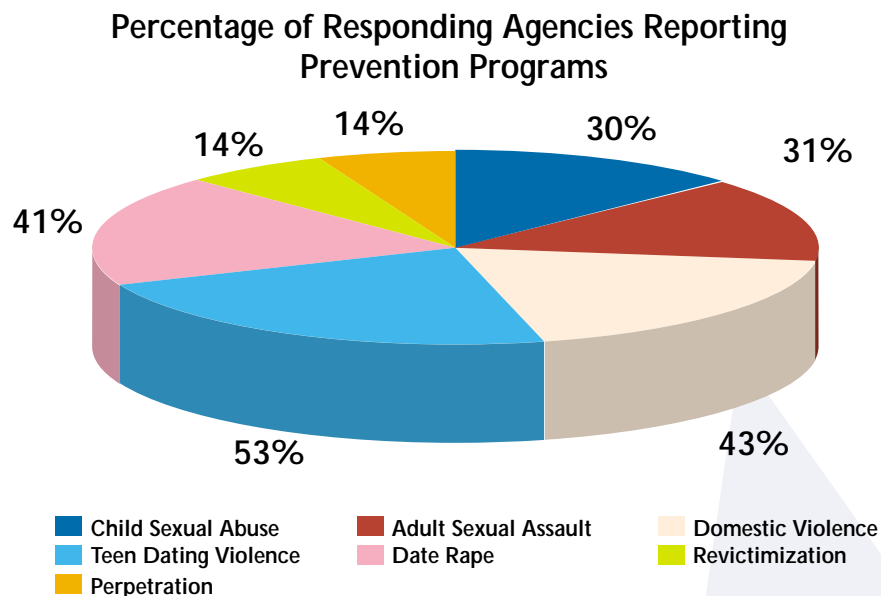
Percentages add up to more than 100 because respondents selected multiple response categories. "Status of Service Not Specified" indicates that respondent reported the service, but did not identify it as primary or secondary.

Of interest for the purposes of this survey, fifty-two percent of the agencies responding reported that they provided prevention programs.

Prevention Programming

Respondents were asked to describe the nature and purpose of the prevention programs that were implemented and references or citations for curricula or programs. The types of descriptive information provided by respondents varied greatly, thus we provide a general summary of the programming offered.

Of the programs reporting prevention activities, teen dating violence prevention was the most frequently reported activity (54%, N=148). Domestic violence and date rape prevention programs were reported by 40% (N=109) of responding agencies. Prevention of revictimization and perpetration were the least frequently reported prevention activities.



Percentages add up to more than 100 because respondents selected multiple response categories.

When prevention programs were implemented, agencies tended to rely on programs they developed “in-house.” Intact curricula developed by outside agencies were rarely used. As expected, the prevention programs described were not structured or based on manuals. However, some programs reported the use of research to support the programs developed. Currently, there are few reports of efforts to systematically evaluate the impact of prevention programs. For example, only six programs (1.1%) indicated that outside evaluation of revictimization prevention curricula was underway and at most 30 (5.7%) programs indicated that evaluation of date rape prevention curricula would take place. **Appendix A** provides a summary of some of the prevention programs responding agencies reported were in use, and contact information for the agencies using them.

Interested readers are referred to <http://www.vawprevention.org/research/teendating.shtml> for a more thorough review (Meyer & Stein) of evaluated teen dating violence prevention programs. In addition, an evaluation of college sexual assault programs (Meyer) is available at <http://www.vawprevention.org/research/college sa eval.pdf>.

Conclusions

To the extent that standardized, structured prevention programs amenable to impact evaluation are a desired goal, these data suggest we have a great deal of work ahead of us. The frequency with which non-manualized, in-house programs are used will affect our ability to examine the impact of prevention efforts. Future surveys should attempt to determine if there are common elements or components to programs developed in specific areas, i.e. teen dating violence, date rape prevention, etc.

There are opportunities to provide agencies with information about and access to standardized, structured prevention programs. The majority of sites have access to the Internet and this is an effective way to disseminate knowledge. A future survey should assess the level of interest in training in the use of standardized, structured prevention programs.

The prevention activities described by respondents were limited in scope and suggest programming areas that need attention. Most prevention efforts targeted females and failed to acknowledge the role males play in preventing violence against women. In addition, there were few programs that focused on perpetrators, an area that must be addressed if prevention is to be successful.

Conducting evaluation research on prevention programs is likely to be a laborious undertaking for VAW practitioners who are already burdened by heavy demands on their time. In addition, the costs of evaluation must be addressed if we are to conduct the research that will allow us to know what works. While funding sources should consider the value of earmarking a percentage of grant and contract dollars to be used for program evaluation, collaboration of VAW researchers and practitioners in conducting impact assessments of prevention activities is another possible mechanism for increasing frequency of outcome evaluation of prevention programs.

Limitations and Future Directions

Obviously, the survey response rate of 20.4% limits the conclusions that can be drawn from this sample. Larger programs, with more staff resources, responded to the survey and the data may not reflect the activities of smaller VAW programs. It is possible that non-respondents differ in important and unidentifiable ways from survey respondents.

However, the survey represents a starting point in identifying the kinds of prevention programs that exist nationally, and suggests the need for more systemic program evaluation. Future surveys should attempt to gather information on awareness of existing prevention programs. In addition, an effort should be made to identify the barriers to the use of structured programs and curricula from “outside” the agency. This survey also suggests ways that researchers and practitioners can collaborate, namely in the identification and dissemination of prevention programs and program evaluation.

Appendix

NVAWPRC Directory

This directory is not offered as a comprehensive list of prevention programs in use, nor does inclusion suggest CDC or NVAWPRC endorsement. This directory is a compilation of programs used by responding agencies. Target agencies were those providing domestic violence and sexual assault services, thus programs that are available and in use in other settings (i.e. schools) may not be included.

Contact information is provided based on availability from sources consulted. Evaluation was labeled unavailable if the responding agency failed to provide information or no data were available from other sources consulted.

Child Physical/Sexual Abuse Prevention Programs and Treatment Programs with Evaluation Data

CAPP (Child Abuse Prevention Program)

Location: Sonoma County

Target Audience: School age children

Description: CAPP teaches kids not to keep secrets that victimize them. Presentations are created for each grade level and teach skills that allow kids to remove themselves from risky or uncomfortable situations. Presentations are given concerning bullying and teach kids to stick together with a friend and also to tell an adult if they are being bullied. Lessons also practice screaming "NO" and making a scene when a child is in a dangerous or uncomfortable situation. Lessons are followed by private "talk time" where kids can ask questions or discuss concerns they may be having with a CAPP facilitator. CAPP also provides separate parent and staff workshops. CAPP has been used in Sonoma County since 1980.

Evaluation: Minimal assessment results are available for CAPP/TAPP July 2002-December 2002.

- 95% (n= 1,322) of teens demonstrated increased understanding of prevention strategies following 67 adolescent prevention workshops
- 62% (n=104) of bilingual children participated in activities related to preventing sexual assault following 6 Bilingual Capp workshops
- 91% (n=134) of students use empowerment skills following 21 Capp workshops

(Evaluation data provided by Erica Smallen, Prevention Education Coordinator)

Phone: 545-7270 (ask for Jessica Prosch)

Email: Prevention@uasasonoma.org

Web site: www.uasasonoma.org/html/capp.htm

Source For Above Information: CAPP web site

Child Lures Prevention

Location: Headquarters is in Shelburne, Vermont.

Target Audience: Children and youth

Description: "The primary goals of Child Lures Prevention are (1) to raise public awareness concerning the prevalence of childhood sexual exploitation & related crimes against children and (2) to make prevention of these crimes a national priority. Our staff works closely with schools and community leaders to provide the tools necessary to prevent crimes against children including sexual exploitation, abduction, Internet crime, and school violence. We take great pride in the exceptional quality of the educational materials we've researched and developed in our quest to safeguard children and youth," (quoted from the web site description).

Evaluation: "Scientific research conducted by Research and Education for the Round Rock Independent School District in Texas documents that the Community Plan's School Program and Parent Guide are significantly effective in protecting children from sexual exploitation, abduction, drugs and school violence." (Quoted from web site)

Web site: www.childlures.org/about/index.asp

Source For Above Information: Child Lures Prevention web site

Good-Touch/Bad-Touch

Target Audience: Pre-school through 6

Description: Good-Touch/Bad-Touch is a comprehensive child abuse prevention curriculum that teaches what abuse is and personal body safety rules to prevent abuse. Although the program focuses on sexual abuse prevention, it expands in second grade to also cover physical abuse and bullying, and in 5th and 6th grades it addresses sexual harassment, physical abuse, emotional abuse, and neglect. Teachers, school counselors, CPS workers, mental health counselors, or nurses usually teach this program.

Evaluation: This program has been field-tested with over 250,000 children. It has also been found effective by researchers at the University of Georgia and subsequently published in *Behavior Therapy* (1998) Vol.19, pg. 429-435. The paper reports the results of pre and post data for 71 students participating in the Good touch/Bad Touch Program. Students showed a statistically significant improvement ($p < .05$) on attitudes and knowledge and relevant behaviors ($p < .01$).

Address: P.O. Box 1960

659 Henderson Dr., Suite H

Cartersville, GA 30120

Phone: 1-800-245-1527

Fax: 1-770-607-9600

Email: GTBT1@aol.com

Web site: www.goodtouchbadtouch.com

Source For Above Information: Good-Touch/Bad-Touch web site

Programs Without Evaluation Data

CAP (The Child Assault Prevention Project)

Location: CAP has trained facilitators in 32 states and 18 countries.

Target Audience: Offers programs for preschoolers, elementary, Middle School, High School, and special needs students.

Description: "CAP has three components: School/Staff Workshop, Parent/Family In-Service, and Children's Classroom workshop. This three-pronged focus creates a community approach to prevention. The classroom workshops use role-playing to model empowering behavior and provide an opportunity for children to practice new strategies. They provide children with practical skills, while building confidence in their own abilities to solve problems, even in crisis situations." (Quoted from web site description)

Web site: www.ncap.org/

Source For Above Information: CAP web site

Little Bear Video

Target Audience: Ages 4 through 9

Description: This video uses role-play and stories to help children understand appropriate and inappropriate touching. The video teaches children to say "no" and to tell an adult if they are being abused. A video and guide for leaders guide is included.

Address: Mennonite Central Committee

21 South 12th Street

P.O. Box 500

Akron, PA 17501

Phone: (717) 859-1151 or toll free (888) 563-4676

Web site: [//domino-18.prominic.com/A5584F/Resource-Catalog.nsf/ec251e7a7d18459385256a4e00670b1a/d475e506666c084f8526aa0005de339!OpenDocument](http://domino-18.prominic.com/A5584F/Resource-Catalog.nsf/ec251e7a7d18459385256a4e00670b1a/d475e506666c084f8526aa0005de339!OpenDocument)

Source For Above Information: Mennonite Central Committee web site

McGruff The Crime Dog Series: McGruff's Guide To Personal Safety Video (1987)

Target Audience: Kindergarten through grade 5

Description: "McGruff helps children understand that they have personal space. He explains that everybody has the right to protect their personal space – to refuse to allow someone to be physically close, even a relative, friend, or neighbor. McGruff also makes it clear that we need to be close to people we love and trust. He illustrates the difference between the actions of people whose closeness is natural and those who may put a child's safety at risk," (quoted from the web site description). The video received the **Golden Babe** award at the Chicagoland Educational Film Festival.

Web site: www.google.com/search?hl=en&lr++&ie+ISO-8859-1&q+MCGRUFF%27S+GUIDE+TO+PERSONAL+SAFETY

Source For Above Information: McGruff the Crime Dog Series web site

Safe and Strong Child Personal Body Safety Program

Target Audience: Age 3 through grade 6

Description: This program is broken into three components. A meeting for parents introduces them to the classroom curriculum their children will be following, familiarizes the parents with concepts of child sexual abuse, and gives them tools for helping their children learn personal body safety skills. Teachers and support staff attend an informational meeting introducing the classroom curriculum, giving them tips for reinforcing personal body safety concepts in the classroom, and providing information on mandatory reporting laws, guidelines for responding to disclosures of possible abuse from a child, and resources for child sexual abuse. Finally, children are given classroom presentations in which they learn about "safe, confusing, and unsafe touch, preventions skills, and personal resources in a non threatening and interactive environment." This program has been active in elementary schools since 1981.

(Quoted from web site description)

Address:PAVSA

32 E. 1st Street, Suite 200

Duluth, MN 55802

Phone: (218) 726-1442

Email: pavsa@cp.duluth.mn.us

Web site: www.cpinternet.com/~pavsa/ssc.htm

Source For Above Information: Safe and Strong Child Personal Body Safety Program web site.

Talking About Touching

Target Audience: Children

Description: "Through this curriculum, children are taught safety rules to use with things and safety rules to use with people. The first section includes traffic, fire, and water safety. The second section teaches children safety rules to use with older people regarding talking, touching, and feelings. Most families have their own safety rules dealing with these topics. This curriculum encourages children to learn and apply their family safety rules," (quoted from web site description).

Address:Committee for Children

172 20th Avenue

Seattle, WA 98122

Phone: (800) 634-4449

(206)322-5050

Web site: www.head-start.lane.or.us/education/curriculum/talking-about-touching.html

Source For Above Information: Talking About Touching web site

Three Kinds of Touches

Target Audience: Parents and educators teaching children

Description: "Three Kinds of Touches was written to help parents and educators approach the issues of sexual and violent abuse with children...it is essentially three picture books in one, with sections on loving touches, "ouch" touches, and "uh, oh" touches," (quoted from the web site description)

Phone: (814) 724-4637 (Women's Services Inc.)

Web site: www.janebuchanan.com/three_touches.html

Source For Above Information: Three Kinds of Touches web site

A View From The Shadows Volume 1 and Volume 2

Target Audience: Parents

Description: These two videos "tell the story of child sexual abuse and the devastating effect it has on children and adult survivors. Volume One looks at child sexual abuse through interviews with incarcerated sex offenders, national experts on the subject of child sexual abuse and adult survivors. It will spark discussion and raise questions on what can be done to reduce victimization. Volume Two offers a glimpse of the dynamics associated with child sexual abuse. Through interviews with sex offenders who have participated in a prison program, with experts on the subject, and especially with a family trying to reunify after sex abuse occurred in the family, questions are raised about what to do about sex offenders and how to best rehabilitate them to reduce further victimization. This video also discusses the very controversial issue of attempts to "reintroduce" sexual offenders back into the home," (quoted from the web site description).

Web site: www.intermedia-inc.com/AV01.htm

Source For Above Information: A View From The Shadows web site

Violence Prevention Programs with Evaluation Data

BULLYPROOF

Target Audience: Fourth and fifth grade students

Description: "Bullyproof is a teacher's guide on teasing and bullying for use with fourth and fifth grade students. The guide consists of eleven sequential core lessons comprised of writing activities, reading assignments, class discussions, role plays, case studies, and homework assignments that engage children to think about the distinctions between "teasing" and "bullying." These activities help children focus on the boundaries between appropriate and inappropriate, playful and hurtful behavior. During the piloting of these lessons, children gained a conceptual framework and common vocabulary that allowed them to find their own links between teasing and bullying, and eventually sexual harassment," (quoted from the Hamilton Fish Institute web site description.)

Evaluation: Bullyproof has been evaluated in a three year (1998-2001) CDC funded project in Austin, Texas with Safeplace. An article in the *Journal of Interpersonal Violence* will be published with the results in October 2003.

Email: nstein@wellesley.edu

Web site: www.hamfish.org/programs/id/318/

Source For Above Information: Nan Stein (program author) and the Hamilton Fish Institute web site.

Programs Without Evaluation Data

Anger Management and Violence Prevention

Target Audience: Teenagers

Description: "The program explains how to help teenagers deal with anger using an eleven session support group model. Teenagers will explore their feelings, receive guidelines for the appropriate expression of feelings, and learn survival skills for the handling of emotionally violent environments," (quoted from web site description).

Web site: Review can be viewed at www.hamfish.org/programs/id/342

Source For Above Information: Hamilton Fish Institute web site

Choices and Changes

Location: Lackawanna County, PA

Target Audience: Seventh grade students

Description: "Choices and Changes" is a five-part awareness program for seventh grade students. The overall goal is to empower intermediate aged students to deal with changes, think about choices, respect differences, and make smart decisions. Influence of peers, relationships with new friends, pressures to date, impact of stereotypes and prejudice, and an overall increase in responsibility, are some of the issues covered," (quoted from Edie Thek, Education Program Coordinator at Women's Resource Center).

Address: Women's Resource Center
PO Box 975
Scranton, PA 18501

Phone: (570) 346-4460

Email: wrcdvsa@aol.com

Source For Above Information: Edie Thek

In Touch With Teens Youth Violence Prevention Program- Project TAP

Location: Los Angeles, CA

Target Audience: Teenagers

Description: "LACAAW's Project TAP (Teen Abuse Prevention) is a culturally sensitive violence prevention outreach program that educates teens throughout Los Angeles County. The project seeks to empower local communities through education, support, and counseling networks for a wide variety of teens-from those in "mainstream" Middle and High School settings to youth identified as "high risk" for violence, including incarcerated, pregnant/parenting, and homeless youth."

(Quoted from the web site description)

Address: Los Angeles Commission on Assaults Against Women
605 West Olympic Boulevard, Suite 400
Los Angeles, Ca 90015

Phone: (213) 955-9090

Fax: (213) 955-9093

Email: info@lacaaw.org

Web site: www.lacaaw.org/itwt.html

Source For Above Information: LACAAW web site

NO PUNCHING JUDY

Target Audience: Grades K through 5 and educators

Description: "NO PUNCHING JUDY teaches children about domestic violence, domestic violence resources, and encourages nonviolent conflict resolution. The program includes lessons to be taught by teachers and visitors from the community, a puppet show video, and teacher training video."

(Quoted from the web site description)

Address: Bureau for At-Risk Youth
135 Dupont Street
P.O. Box 760
Plainview, NY 11803-0760

Phone: (800) 999-6884

Fax: (516) 349-5521

Email: info@at-risk.com

Web site: www.nal.gov/pavnet/fm/fmnpochj.htm

Source For Above Information: NO PUNCHING JUDY web site

Peace in the World Begins at Home

Location: Boston, MA

Target Audience: Middle school/high school

Description: "Peace in the World Begins at Home uses an intensive curriculum developed by youth volunteers in conjunction with domestic violence survivors and advocates. The adolescents and young adults who participate in *Peace in the World Begins at Home* have been representative of Boston's racially, ethnically, linguistically and culturally diverse poor and lower-income neighborhoods," (quoted from the web site description). Volunteer youth teams go through two months of intensive training each fall before they develop their own curriculum to educate their peers through coed presentations. "Coed-presenting teams help to convey the message that domestic violence is not only a women's issue, but is a human rights violation. By including coed participation in the teaching process, we increase gender awareness of how power, control, and anger manifests into abusive behavior and reflect the fact that anyone, regardless of gender can stop domestic violence," (quoted from web site description). Other Components of the Peace at Home Program include: "Domestic Violence: The Facts" handbook, "Domestic Homicide: A Human Rights Report," "Human Rights Coloring Book," Advocacy Review Team (ART), and the Massachusetts Silent Witness Exhibit. All published materials and resources are available free of charge at www.peaceathome.org (quoted from Peace at Home Program Information Sheet).

Address:Peace at Home

P.O. Box 440044

Somerville, MA

Phone: 978-546-3137

Fax: 978-546-3138

Email: peaceathome@aol.com

Web Site: www.peaceathome.org

Source For Above Information: Peace in the World Begins at Home web site

Violence Free- Healthy Choices for Kids

Location: Southwest Pennsylvania

Target Audience: Grades 4, 5, and 6

Description: "This program teaches all upper elementary students healthy resolution skills that may prevent them from becoming the next generation of adult victims and abusers of domestic violence. 'Violence Free-Healthy Choices for Kids' helps the students answer the following questions:

- When should I talk to someone?
- Who should I talk to?
- How can I get help?
- What are some safe choices?
- Are there other kids like me?

The program uses ten weekly classroom presentations, which are a combination of lecture, videos, role-plays, and discussions on prevention skills. Some topics include

bullying, teasing, secrets, self-esteem, and fair fighting." This curriculum has been approved by the Pennsylvania Department of Education.

(Quoted from the web site description)

Phone: 1-888-299-HOPE (toll free)
(724) 224-1100

Fax: (724) 224-1123

Email: hopectr@nauticom.net

Web site: www.akhopecenter.org/kids

Source For Above Information: Violence Free-Healthy Choices for Kids web site

Dating Violence and Sexual Assault Prevention Programs with Evaluation Data

Expect Respect

Target Audience: Youth

Description: "The Expect Respect program is dedicated to the prevention of dating and sexual violence and the promotion of safe and healthy relationships for all youth. The goals are 1) to enhance safety and respect on school campuses, 2) to raise expectations for equality and respect in relationships, 3) to support youth in healing from past abuse, and 4) to promote youth leadership in violence prevention.

Evaluation: "During the 2001-02 school year, staff provided 16 (24 sessions each) support groups on healthy relationships at 16 middle and high schools in the Austin area. A total of 328 students participated in individual and/or group sessions. Two hundred and forty eight participated in group sessions, 80 students participated in individual sessions and 42 participated in both individual and group sessions. A total of 452 group sessions were provided during the school year. A total of 779 individual sessions were provided during the school year," Results indicated that 75.6% of females and 50% of males showed significant improvement in their knowledge of the forms and dynamics of abusive relationships; 45.7% of females and 47.3% of males showed significant improvement in their own relationship skills.

(Quoted from the Kaelin and Rosenbluth (2001-2002) *Expect Respect SafePlace School-based Services Program Evaluation*)

Address: SafePlace

P.O. Box 19454

Austin, TX 78760

Web site: www.austin-safeplace.org/programs/school/expect.htm

Source For Above Information: SafePlace web site

Project H.A.R.T. (Healthy Alternatives in Relationships among Teens)

Location: St. Louis, MO

Target Audience: Grades 6 through 12

Description: Project H.A.R.T. is a 15-lesson curriculum designed to give adolescents the knowledge and skills that will help them develop healthy relationships, free of abuse and violence. Some of the lessons can be offered as single-session presentations to large groups of students, some are more effective with small classroom groups. Each lesson has core objectives and content, and most lessons also have enrichment or optional learning activities. Topics include healthy vs. unhealthy relationships, date rape, examining gender roles, family violence and abuse, sexual harassment, assertive communication, and anger management. The goal is to help adolescents recognize sexually, physically, and emotionally abusive relationships, to increase their skills to reduce risks of victimization, to help them identify sources of aid and support if they are victimized by intimate violence, and to teach them the skills necessary to establish healthy relationships for themselves.

Evaluation: Pre-/post-tests designed by the Missouri Department of Health and Senior Services (major funder) are used to measure change in students' knowledge and attitudes. The evaluation summary for 2001 is available for \$3.

Address: Women's Support and Community Services

Attn: Angie Light, Education Coordinator

2165 Hampton Avenue

St. Louis, MO 63139

Phone: 314/646-7500

Fax: 314/646-8181

Email: angie@womenssupport.org

Web site: www.womenssupport.org

Source for Above Information: Barbara Bennett, Executive Director, Women's Support and Community Services

Teen Dating Violence Intervention Project

Target Audience: Teenagers

Description: *Preventing Teen Dating Violence: A Five Session Curriculum* "The manual offers a step-by-step guide to implementing DVIP's curriculum, including: sessions on defining abuse and respect, sex role stereotyping, strategies for working with victims and perpetrators, and tips on working effectively with teens. Also included are materials on the history of violence against women. These materials will enable teachers to implement an interdisciplinary approach to preventing teen dating violence. Sensitive to issues of race, class, and sexual orientation, this manual includes classroom hand-outs that help students define and recognize abusive relationships."

Peer Leader Training Manual "A companion to our curriculum, this publication is designed to train peer leaders to present the aforementioned curriculum. Included are three recommended classroom activities, educational hand-outs, and guidelines for training

peer leaders to talk with teens about dating violence.”

(Quoted from the DVIP pamphlet)

Evaluation Data: Evaluations were performed by:

Dudley-Rancourt (June 2000) “An analysis of the components of successful high school teen dating violence prevention and intervention programs and their impact on student knowledge & attitudes,” Victimization of Children and Youth: An International Research Conference.

Judith Palmer-Castor (1998) “Teen dating violence intervention and prevention project evaluation report (1997-98),” Massachusetts Department of Public Health and MA Department of Education.

Both reports were funded by the Massachusetts State Budget (line item for teen dating violence). The results suggested significant changes in the following areas:

- increased knowledge about dating violence;
- decrease in attitudes that are supportive of dating violence;
- decrease in use of conflict behaviors;
- increase in constructive communication;
- change in gender role stereotypes.

(All evaluation information received from Review of Teen Dating Violence Prevention by Heather Meyer, Ph.D. and Nan Stein, Ph.D. of Wellesley Center for Women, Wellesley College)

Address: Transition House

Dating Violence Intervention Project

P.O. Box 390672

Cambridge, MA 02139

Phone: (617) 354-2676 ext. 27

Fax: (617) 497-4836

Source For Above Information: DVIP pamphlet

Programs Without Evaluation Data

Building Healthy Relationships

Target Audience: grades K-2, 3-5, 6-8, and 9-12

Description: This curriculum addresses the issues of sexual harassment, bullying, respect, and healthy relationships in a way that is educational and entertaining for all grades. The curriculum has two parts with different lesson plans for the above grade groups. This program can be ordered at www.pcar.org.

Email: krobison@PCAR.org

Source For Above Information: Karen Robison of PCAR

COMPASS Sexual Assault Education Curriculum

Target Audience: Junior High and High School ages

Description: This program addresses the following issues: definitions of sexual assault, stereotyping behavior, sexual harassment, healthy relationships, rape, date rape, dating violence, prevention, and self defense.

Address:COMPASS

P.O. Box 481

New Philadelphia, OH 44663

Phone: (330) 339-2504

Fax: (330) 339-3619

Email: advocate@compassrapecrisis.org

Web site: www.compassrapecrisis.org

Source For Above Information: COMPASS Curriculum

Domestic Violence Awareness

Location: Lackawanna County, PA

Target Audience: High School students and Intermediate School students

Description: "This awareness program can be tailored to the requesting school's particular need and/or interest. There are several subject areas that can be covered including the dynamics of abuse, power and control, legal aspects, and male/female stereotypes. The program is usually presented in the context of a dating relationship." (Quoted from Edie Thek, Education Program Coordinator at Women's Resource Center)

Address:Women's Resource Center

PO Box 975

Scranton, PA 18501

Phone: (570) 346-4460

Email: wrcdvs@aol.com

Source For Above Information: Edie Thek

Flirting or Hurting? Sexual Harassment in Schools (Video)

Target Audience: Grades 6 through 8

Description: This program consists of three short modules. Module 1, What is Sexual Harassment?, "...defines sexual harassment and shows the different effects harassment can have on students using reenactments and dramatized interviews. Four different scenarios are presented covering a wide range of gender combinations. The host provides definitions, explanations and insights throughout the program." Module 2- Stopping Sexual Harassment, "...shows students how to respond to offensive behavior whether they are a target or a bystander. The program explains Title IX, the law requiring schools to prevent and address problems of sexual harassment. The TAKE ACTION section provides suggestions on how students can work to eliminate sexual harassment in their schools." Module 3- Teacher Guide, "...is designed for teachers. Nan Stein, Ed. D, from the Wellesley College Center for Research on Women leads a discussion with educators,

providing background information on the subject of sexual harassment and suggestions on how to use the video effectively in the classroom.”

(Quoted from the web site descriptions)

Address:GPN

P.O. Box 80669

Lincoln, NE 68501-0669

Phone: (800) 228-4630

Fax: (800) 306-2330

Web site: www.wgby.org/edu/flirt/fhmain.html

Source For Above Information: Flirting of Hurting web site

Healthy Relationships

Location: Lackawanna County, PA

Target Audience: High School students

Description: “*Healthy Relationships* is a four part awareness program currently being provided to ninth grade students in the Scranton School District. The primary goal is to give students a better understanding of the dynamics of relationships and to help them sort out the healthy and unhealthy aspects. A secondary goal is to provide students with information and options for courses of action if they (or someone they know) are involved in an abusive relationship. This program offers students a better understanding of how our attitudes and behaviors are formed through various role models of abuse, including rape.” (Quoted from Edie Thek, Education Program Coordinator at Women’s Resource Center)

Address:Women’s Resource Center

PO Box 975

Scranton, PA 18501

Phone: (570) 346-4460

Email: wrcdvs@aol.com

Source For Above Information: Edie Thek

Love Does No Harm- Sexual Violence Prevention for Youth

Target Audience: Youth ministers and groups

Description: “This interactive program is designed with the local church in mind by incorporating Scriptural stories and the Biblical mandate to love one another with basic sexual assault prevention education skills to teach youth how to reduce their risk of sexual assault, how to avoid potentially violent situations, and how to help friends and loved ones who may have survived sexual assault.”

(Quoted from the Love Does No Harm Curriculum)

Phone: (706) 292-9024 (ask for Christi Sanders-Huskison)

Source For Above Information: The Love Does No Harm Curriculum

OFF LIMITS: A Sexual Harassment Prevention Training Manual

Target Audience: Ages 12 through 19

Description: "This sexual harassment training manual for high school students aims at creating 'sexual harassment-free zones' in schools. Individual sections focus on teaching students, parents, classroom teachers and school administrators how to respond to incidents or complaints of sexual harassment in ways that will help end the harassment. A 'basic' curriculum provides general facts, definitions and background information about sexual harassment."

(Quoted from the web site description)

Address:LCAAW

605 West Olympic Boulevard, Suite 400
Los Angeles, CA 90015

Phone: (213) 955-9090

Web site: www.transformcommunities.org/tctatsite/tools/toff_limits.html

Source For Above Information: OFF LIMITS web site.

Sexual Assault Awareness

Location: Lackawanna County, PA

Target Audience: High School students and Intermediate School students

Description: "This awareness program can be tailored to the requesting school's particular need and/or interest. There are several subject areas that can be covered including defining types of sexual assault, stranger and acquaintance rape, legal and medical aspects, statutory rape and sexual harassment."

(Quoted from Edie Thek, Education Program Coordinator at Women's Resource Center)

Address:Women's Resource Center

PO Box 975
Scranton, PA 18501

Phone: (570) 346-4460

Email: wrcdvs@aol.com

Source For Above Information: Edie Thek

Sexual Violence and Teens: An Interactive Prevention Curriculum

Location: Georgia

Target Audience: Grades 8-12

Description: Curriculum used by rape crisis prevention educators, classroom teachers, counselors, law enforcement officers, or medical personal to achieve the following objectives: 1) To provide adolescents with education and information regarding sexual assault, 2) To raise students' level of awareness about risk factors associated with sexual assault, and 3) To sensitize both male and female students to the physical and emotional effects of sexual assault on the victim and those close to her.

Phone: (770) 503-7273 (Call this number, Rape Response, if you have any questions.

Source For Above Information: Sexual Violence and Teens: An Interactive Prevention Education Curriculum" developed by Terri Strayhorn and published by Rape Response, Inc.

The 3 "R's" of Teen Relationships: Rights, Respect and Responsibility

Location: Johnson County, KS

Target Audience: All schools in Johnson County

Description: This program enlists specialists in youth prevention education to teach Johnson County students about various topics dealing with sexual and domestic violence. These topics include: stereotypes & gender roles, peer influences, media violence, date rape, sexual harassment, assertiveness and communication.

Address:SAFEHOME

Attn: Megan Emmerson

P.O. Box 4563

Overland Park, KS 66204-0563

Phone: (913) 432-9300 ext. 19

Fax: (913) 432-9302

Email: memmerson@safehome-ks.org

Web site: www.safehome-ks.org

Source For Above Information: SAFEHOME brochure

Toxic Relationships: The Next Generation Speaks Out About Dating Violence (Video)

Target Audience: Grades 6 through 12

Description: "Teenage dating behavior is the training ground for adult relationships. Unchecked physical and emotional violence learned at an early age can too easily become domestic violence later on. In this thought-provoking video, high school students discuss disrespect, jealousy, obsessive demand, isolating behaviors, power and control issues and blaming, as well as consider what a healthy relationship should be like. Concluding with the early warning signs of toxic relationships – ones that could turn dangerous – this video encourages students to look for trust, respect, and acceptance from their friends and partners."

(Quoted from web site description)

Web site: www.discover-films.com

Source For Above Information: Discover Films Video web site

When Dating Turns Dangerous

Target Audience: Grades 7-12

Description: "Dating is an important part of teenage life and this program addresses the growing problem of dating violence. It describes common patterns, why abusers act the way they do, and how the abuse gradually destroys a victim's self-esteem. It explains that abusers won't change without treatment and offers effective strategies for helping a victim re-establish a normal life...Vignettes and narration by a social worker show viewers how the abuse stems from a lack of self-esteem on the abuser's part and usually develops in recognizable phases. Many teens don't know what's normal in a relationship and fall victim to the myth that abuse occurs because 'he loves me.' Describes how traditional gender stereotypes subtly reinforce the abuse, and how the dynamics of secrecy and denial operate to keep the relationship going. The video concludes that the best solution for fixing an abusive relationship is to end it and offers ways to do just that. The video package includes Teacher's Guide."

(Quoted from the web site description)

Web site: www.c-smart.org/video/buys/sunburst/violence_prevention.php

Source For Above Information: C-Smart web site.

Adults Programs and Treatment for Survivors of Physical, Sexual, and/or Domestic Abuse:

Programs with Evaluation Data

Responding agencies did not report use of evaluated prevention programs in this category.

Programs Without Evaluation Data

HEART (Help End Abusive Relationship Tendencies)

Target Audience: Female victims of abuse

Description: "Focuses on the woman and her beliefs and behaviors that may have supported violence in her life. This 12-step program can guide the woman in moving out of the effects of an abusive relationship. Specific tools are offered to help get out of the victim role."

(Quoted from the web site description)

Web site: www.fortnet.org/crossroads/groups.html

Source For Above Information: Crossroads web site

Journey Beyond Abuse: A Step-by-Step Guide to Facilitating Women's Domestic Abuse Groups

Authors: Kay-Laurel Fischer, MA, LP and Michael F. McGrane, MSW, LICSW

Target Audience: Facilitators of domestic abuse survivor groups

Description: "Journey Beyond Abuse and its accompanying participant's journal, *Moving Beyond Abuse*, give you complete tools for facilitating a powerful group with life-changing results. Used together, these unique books can help you create a program where women increase their understanding of the dynamics of abuse, feel less alone and isolated, feel empowered to make positive choices, and have a greater awareness to channels of safety." (Quoted from the web site description)

Address: Amherst H. Wilder Foundation
919 Lafond Avenue
Saint Paul, Minnesota 55104

Phone: (651) 642-4000

Email: webmaster@wilder.org.

Web site: www.wilder.org/pubs/mba/

Source For Above Information: Amherst H. Wilder Foundation web site

Women's Empowerment Program

Location: Surrey, BC

Target Audience: Single mothers

Description: "Offers weekly support groups for single mothers who have been on income assistance and come from an abusive relationship. Emphasis is placed on personal growth, awareness, education, and life skills. The objective of each group is to empower members individually and collectively to build better lives for themselves and their children. This is a bridging program that is considered a first step towards empowerment or future training."

(Quoted from the web site description)

Address: 116-13479 76th Avenue
Surrey, BC
V3W 2W3

Phone: (604) 596-2311

Fax: (604) 596-2319

Web site: www.2.vpl.vancouver.bc.ca/DBs/RedBook/orgPgs/2/2182.html

Source For Above Information: Women's Empowerment Program web site

The Mount Sinai SAVI (Sexual Assault and Violence Intervention) Program

Location: New York City, NY

Target Audience: Advocates, parents, professionals

Description: Mount Sinai has developed a number of programs and manuals that address issues pertaining to sexual assault. Mount Sinai's resources on this matter include:

* *Assisting the Survivor of Sexual Violations: A Guide for Professionals*

* *Assisting the Young Survivor of Rape, Sexual Assault, or Child Sexual Abuse: A Guide for School Personnel*

* *Mount Sinai SAVI Program WORKSHOP FOR PARENTS*

* *Empowering the Teen Survivor Workshop*

* *SAVI Hospital Staff Guide to Treating the Sexual Assault Survivor*

* *Outline for In-Service for Emergency Department Staff*

* *Assisting the Young Survivor of Rape, Sexual Assault, or Child Sexual Abuse: A Guide for College Personnel*

* *Mount Sinai (SAVI) 2001 Advocate Training Manual Volumes I and II*

Address: Mount Sinai SAVI

Box 1670

1 Gustane Levy Place

New York City, New York 10024

Email: alicenatalie@hotmail.com

Source For Above Information: Mount Sinai SAVI

Stop the Stalker Handbook

Target Audience: Stalking targets

Description: This handbook includes sections on basics that targets should keep in mind, differences between stalking and other crimes, types of stalkers, signs of obsession in children, mental health treatment, documentation, security, and resources.

Address: ABWCC

P.O. Box 870386

Morrow, GA 30287

Phone: (770) 961-7233

Web site: www.securushouse.org

Source For Above Information: Stop The Stalker Curriculum

Programs and Treatment for Perpetrators Programs with Evaluation Data

Responding agencies did not report use of evaluated prevention programs in this category.

Programs Without Evaluation Data

Hands Off!

Target Audience: Men who abuse women

Description: "Hands Off! is a program designed for men who abuse women. The mission of this on-going psycho-educational group is to eliminate violent behavior and identify the ways that abusive power and control block men from genuine intimacy with women...Men who resort to physical violence need help changing behaviors that are destructive to their partners, their marriages and themselves. Economic costs of domestic abuse to the community are tremendous. However, battering-domestic abuse- is a learned behavior that can be changed. New ways of relating built around equality vs. power and control can be learned and used to build healthier, more satisfying relationships, thus contributing to a more satisfying home life and better job performance. The Hands Off! Program at the Pastoral Institute is an education and behavioral change program to help individuals develop alternatives to the use of violent behaviors in relationships."

(Copied from the web site description)

Web site: www.pilink.org/html/training1.htm

Source For Above Information: Pastoral Institute web site

HALT

Target Audience: Any man 18 years or over who has been physically or verbally aggressive toward his partner

Description: "HALT consists of two phases: Phase one focuses solely on the elimination of physically, verbally, and emotionally abusive behavior. Participants are introduced to the basic concepts of HALT, and challenged to begin to apply them to interactions with their wives or girlfriends. Men are challenged to examine the effects of their behavior on children as well. Phase two of HALT assists men in maintaining their commitment to nonviolent behavior. This commitment is reinforced by:

- Helping men to examine the more subtle ways in which they are controlling.
- Learning more respectful ways of communicating with partners and children.
- Encouraging men to shift their controlling attitudes to more mutually respectful ones.

Abusive controlling behavior is learned over a lifetime. Continuing in Phase two is critical for most participants to truly maintain new ways of relating to partners and families."

(Quoted from the web site description)

Web site: www.google.com/search?q=halt+program&hl=en&lr=&ie=ISO-8859-1

Source For Above Information: HALT web site

MENders

Location: Stillwater, OK

Target Audience: Domestic violence abusers

Description: This group allows abusers to meet and discuss what causes their anger and ways to prevent their anger.

Phone: (crisis line number) (800) 215-3020

Web site: www.ocolly.okstate.edu/issues/1998_Fall/981021/stories/vio.html

Source For Above Information: Newspaper web site listed above

The Haitian Roundtable on Domestic Violence

Location: Dorchester, MA

Target Audience: Haitian-Creole speaking perpetrators of domestic violence

Description: "The Roundtable believes that a partnership of expertise – between a battered women's shelter and established Haitian organization - is the best method to address the epidemic of domestic violence in the Haitian Community," quoted from the Haitian Roundtable on Domestic Violence Pamphlet.

Address: The Haitian Roundtable on Domestic Violence

330 Fuller Street

Dorchester, MA 02124

Phone: (617) 287-0096 (please call if you wish to attend a meeting)

Source For Above Information: Haitian Roundtable on Domestic Violence pamphlet

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N A T I O N A L
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