



# AGING IN SOUTH CAROLINA

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LIVING LONGER  
LIVING BETTER



# STATE UNIT ON AGING

OFFICE OF LIEUTENANT GOVERNOR

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## TWO ROLES

ADMINISTER OLDER AMERICANS ACT  
PROGRAMS

ADVOCATE FOR AND REPRESENT ALL  
SENIORS IN SOUTH CAROLINA



# OLDER AMERICANS ACT

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## Six Core OAA Services

1. Supportive Services
2. Nutrition Services
3. Preventive Health Services
4. National Family Caregiver Support Program
5. Services that protect the rights of vulnerable adults
6. Services to Native Americans



# Older American's Act Organizational Structure

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1. The Administration on Aging
2. State Units on Aging (LGOA)
3. Area Agencies on Aging
4. Local Providers



# STATE MANDATED PROGRAMS

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1. OMNIBUS ADULT PROTECTION ACT
2. ALZHEIMERS RESOURCE COORDINATION CENTER
3. PERMANENT IMPROVEMENT PROGRAM
4. ELDER CARE TRUST FUND

# Selected Statistics



Nela Gibbons 2005



# Population Growth

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## Persons 60+ in 2000

- Increased 128% since 1970
- Will increase 108% by 2025

## Persons 75 + in 2000

- Increased 227% since 1970
- Will increase by 81% in 2025



# Alzheimer's Disease

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- Incidence will triple in next 20 years
- Lifetime cost to treat is \$174 million in 2000
- Cost to society – all sources – expect to increase to \$7.7 Billion in 2025



# Increase in Medicaid Expenses

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- Five-fold increase for persons over 65 from 1981 to 2002
- Increased from \$115M to \$622M
- Medicaid nursing home cost per year is \$421,068,611 (2004)



# Caregivers

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- Adult family caregivers provide 339.6 million hours of caregiving per year - estimated value of \$2.77 billion.
- Many caregivers suffer serious stress and burnout and are forced to retire early or quit working.
- 56% retire early or quit working.
- Without caregivers, 50% of the recipients being cared for would go to a Medicaid nursing home.



# Caregivers

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- The state cost for 750 persons to provide Medicaid nursing home care would be \$7.4 million in state funds for one year.
- When 1500 caregivers stop working, \$22 million in expenditures are lost to the SC economy.
- Nationally, businesses experienced a \$26 billion loss in one year due to retraining, absenteeism, productivity loss, and other related costs.



# IN-MIGRATION

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- South Carolina is one of the fastest growing states for seniors in the nation. SC is the fastest growing state in the southeast.
- From 1990 until 2000, SC had the highest percentage growth rate of all southeastern states for persons 65+ at 22.3%.
- From 1997 to 2002 there were 50,997 net in-migrants to SC aged 50+.



# Top Destinations 1990-2000

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- Horry
- Beaufort
- Lexington
- Charleston
- Aiken



# In-Migration

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- July 2002 Kiplinger's Report ranked South Carolina 4<sup>th</sup> most tax friendly state for persons 65 and older considering state income tax, sales tax, and property taxes.
- Tax Foundation in 2004 ranked South Carolina 47<sup>th</sup> in tax burden when considering federal, state and local taxes.
- The Center for Carolina Living studies show the median income for persons relocating to SC is \$93,000 for a household with net worth of \$900,000.

# Where Do We Go From Here?





# In-migration

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- Growth of senior population
- Economic development tool
- Adequate Infrastructure



# Senior Friendly Communities

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- Transportation
- One-stop-shops
- Senior Center Configuration
- Integrate elderly and non-elderly communities
- Change attitudes towards aging



# Workforce Issues

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- Opportunities for Older Workers
- Coming shortage of trained workers
- Shortage of workers for senior services
- Need for geriatric healthcare workforce



# Health Care

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- Access to affordable services
- Lifestyle and disease prevention
- Insurance and Rx Costs
- Tort Reform



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Health Is.....

What happens when  
everything else works



# Determinants of Health

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- Access 10%
- Genetics 20%
- Environment 20%
- Risk Behaviors 50%



# Long Term Care

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- Redress balance of institutional care & home & community based care
- Fund cost beneficial services with public funds
- Home and community care following hospital stays



# Alzheimer's Impact

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- Families
- Business
- Government



# Caregiving

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- Support caregivers
- Incentives for families to provide care
- Caregiver support



# Housing

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- Affordability
- Availability
- Residential Design



# Research

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- Connect evidence based research to delivery of health care services
- Align payment with continuum of care necessary for aging
- Medical research with focus on healthy aging, lifestyles and public health
- Prevention and mental health issues that impact seniors



# Personal Responsibility

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- Save for retirement
- Long term care insurance
- Employer based pensions
- Limited government resources
- Smaller workforce to pay into government systems to support seniors



# REALITY

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- SC senior population is growing
- Seniors will die slower. End of life is chronic illness
- SC health outcomes are among worst in the nation (obesity, diabetes, the stroke belt)
- Alzheimer's, related dementia and mental illness is a growing concern



# More Reality

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- America loves choices. Seniors are demanding choices.
- Seniors want to “age in place” and to choose that place.
- New senior consumers will shift what happens.



# Federal Battlegrounds Issues for the Next Decade

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- Pension Reform
- Decline in Retiree Health Insurance
- Social Security
- Medicare/Access to Health Care & Prescription Drugs
- Tort Reform
- Long Term Care



# Lieutenant Governor's Priorities for 05

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1. C.A.R.E. – PLANNING & LEADERSHIP
2. WHITE HOUSE CONFERENCE
3. TAX CREDIT LTC INSURANCE
4. BINGO TAX LOOP HOLE
5. OMBUDSMAN PROGRAM



We all want to age in place.