Come Aboard the Yorktown for the

TIME OF YOUR LIFE SENIOR EXPO

Presented by the Low Country Senior Network
At Patriot's Point on the USS Yorktown
Mt. Pleasant, South Carolina

FREE Admission

Expo visitors tour the Yorktown for FREE

FREE parking

Shuttle service from the parking lot to the Yorktown

9:00 a.m. to 3:00 p.m. • Wednesday, February 9, 2005

For Seniors, Adult Children of Seniors, Caregivers & Senior Services Providers

- **Speakers & Presentations Including:**
  Gardening with Roland Alston of ETV's "Making it Grow"
  Makeup for Mature Women
  Fitness After 50
  Travel Information by Cruise Planners
  Ideas for Decorating and Downsizing
  Shag & Square Dancing Demonstrations
- **A Special Tribute to Veterans**
- **Drawing for a Cruise ($1000 value)**
- **Exhibits and demonstrations of services for seniors, exhibitor giveaways and door prizes**

SPONSORS: DayBreak Adult Care Services, Trident Health System, Bankers Life & Casualty, Franklin & Associates, Edenbrook of Charleston, Sandpiper Village, News Talk 1250 WTMA

For more information, call (843) 762-4260 or e-mail barbaraf@quik.com