

Registration Form

Deadline for Registration is Friday, May 20, 2005

(Please type or print clearly)

Name: _____

Company Name: _____

Address: _____

City: _____ County: _____

State: _____ Zip: _____ Day Phone: _____

Work title/Discipline: _____

Professional License #: _____

School (if student): _____

Do you desire a vegetarian lunch? Yes: _____ No: _____

Please check one

\$55.00 _____ I am a Professional desiring CEU's
(Occupation _____)

\$20.00 _____ I am a Professional not desiring CEU's or a member
of the community not caring for someone with AD

\$ 5.00 _____ I am a family caregiver or a student
(limited scholarships available for family caregivers only)

\$ 0.00 _____ I am an Elk member

Fees include luncheon, refreshments and conference materials.

Please choose your choice of sessions:

1:00-1:45 pm A _____ B _____

1:45-2:30 pm C _____ D _____

2:30-3:15 pm E _____ F _____

Please mail completed registration form with payment to:
Alzheimer's Association Palmetto Chapter
P.O. Box 80459, Charleston SC 29416
by Friday, May 20, 2005

Payment by credit card

Name as it appears on the card: _____

Signature of cardholder: _____

Credit Card #: _____

Circle credit card: VISA or MasterCard

Expiration date: _____

Payment may also be made by purchase order

Agency PO #: _____

(number and copy of PO must be attached to this form)

Palmetto Chapter Federal ID #: 57-0874488

If you are a family caregiver and need someone to stay with your loved one during the conference, please call one of the following:
Home Instead Senior Care-571-3000

Care For Life-852-9090

Daybreak Adult Care-849-0804

(This service is sponsored by ElderLink)

Clip and mail registration and payment to the Alzheimer's Association Palmetto Chapter



Alzheimer's Association Palmetto Chapter
3rd Annual Elks Educational Conference

PO Box 80459
Charleston, SC 29416

Non-Profit Org.
U.S. Postage
Paid
Columbia, SC
Permit No. 839

alzheimer's association

the compassion to care, the leadership to conquer

Alzheimer's Association Palmetto Chapter

alzheimer's association™

4th Annual Elks Educational Conference

***"Alzheimer's and Today's Families:
Communication"***

**Featuring Denise Dickinsen
Lutheran Homes of South Carolina**



**Wednesday, May 25, 2005
from 9:30 am to 4:15 pm
Charleston Elks Lodge #242
1113 Sam Rittenberg Blvd.
Charleston, South Carolina**

*Thank you to our Elks Educational Conference
Platinum Badge Sponsors!*

Charleston
Elks
Lodge #242

FOREST PHARMACEUTICALS
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Keynote Speaker



Denise Lynn Dickinsen, B.A.

Denise Dickinsen received her B.A. in Sociology from Whitworth College, Spokane, Washington, graduating Magna Cum Laude and her Certificate of Study of Aging from the University of Washington, in Seattle. She presently serves as Director of Licensed Care Program Development for Lutheran Homes of South Carolina, Irmo, SC, since 2004. She is a licensed Active Registered Counselor and Certified Nursing Assistant.

She has served her community as a member of the Educational Committee of the South Carolina Association of Non Profit Homes for the Aged (SCANPHA), Board Director of the Kentucky Assisted Living Facilities Association and National Board Director for the Alzheimer's Association, Chicago, Illinois. Ms. Dickinsen has also written several publications concerning care of the elderly.

The Palmetto Chapter is honored to have Denise Dickinsen as our Keynote Speaker for the 4th Annual Elks Educational Conference.

History of the Palmetto Chapter

The Alzheimer's Association Palmetto Chapter is the local leader in Alzheimer's care and support services. The Chapter serves 28 of South Carolina's 46 counties and was formed as a result of a strategic merger of two former organizations. Since 1983 the Mid-State South Carolina Chapter of the Alzheimer's Association has been serving those who need support, assistance, and education as a result of Alzheimer's or related disorders. Since 1995 the Lowcountry Chapter of the Alzheimer's Association has addressed those same needs along the coastal region of South Carolina. In 2002, the two organizations merged and became the Palmetto Chapter. The mission of care and support remains the same under a stronger umbrella to help those affected by this devastating disease. For more information about the Palmetto Chapter please visit us on the web at www.scpalmettoalz.org.

The History of the Elks and Alzheimer's Association

The South Carolina Elks Association adopted *Alzheimer's* as its major state project in June of 1997. Their slogan is "Elks working for those who cannot remember." The mission of the project is to raise funds through the 15 member lodges to support the state's Alzheimer's Chapters, with much of the money raised going toward the Charitable Trust Perpetual Fund (designated for Alzheimer's programs and services, particularly "respite for caregivers"). This conference will offer Elks members, and all those attending, the opportunity to better appreciate and understand Alzheimer's disease and the struggles related to the disease.

Agenda

- 8:30-9:30 am Registration, Coffee and Pastries
- 9:30-9:45 am Welcome
- 9:45-10:30 am **"The Movement of Spirit—Ethics**
Sherry Owensby-Sikes, Chaplain
Karen Berry, Alzheimer's Coordinator
- 10:30-10:45 am Exhibits and Break
- 10:45-11:45 am **"When Words Come Undone" - Communication**
Keynote Speaker—Denise Dickinsen,
Director of Licensed Care Program Development
- 11:45 am-noon Exhibits and Break
- Noon-1:00 pm Lunch
- 1:00-1:45 pm Afternoon Breakout Session I:
- A. Communication-Assertiveness Training for Caregivers**
Carol Willis, ACSW, LISW-CP
- B. Safety Within The Home**
Shirley Anderson, Occupational Therapist
Lucy Mahon, Physical Therapist
- 1:45-2:30 pm Afternoon Breakout Session II:
- C. "The Time Has Come For Placement" - Panel Discussion**
Alyson Fudge & Dean Porter, Elder Attorneys
Elizabeth Buckles, Case Manager-St. Francis Hospital
Valerie Collier, Admissions Coordinator-Driftwood Nursing & Rehab.
- D. Personal Care For Your Loved One**
Emily Buchheit, SW
Debbie Green, CNA
Martha Smalls, CNA
- 2:30-3:15 pm Afternoon Breakout Session III:
- E. Driving With Dementia**
: Sgt. Gary Jaster, Mt. Pleasant Police Dept.
- F. Nutritional Challenges of Alzheimer's Disease**
Edna Cox
- 3:15-3:30 pm Exhibits and Break
- 3:30-4:15 pm **Thank You, I'm Fine" - Communication**
Keynote Speaker—Denise Dickinsen

Conference Objectives

After attending the conference participants will be able to:

- Recognize family roles, methods to divide responsibilities among family members and how to better communicate with one another.
- Understand the ethical dilemmas involved in dealing with the Alzheimer's patient and how those issues impact the family.
- Be more assertive in the communication with the Alzheimer's patient and better handle the dynamics that come with the caregiving situation.
- Provide a more safe environment for the Alzheimer's patient in the home thus creating a safer environment for the caregiver as well.
- Make formidable and educated decisions in preparation for placement of their loved one in a facility.
- Handle the personal care of their loved one more efficiently with less stress.
- Recognize the need to make changes in the driving habits of their loved one without minimizing their independence and social needs.
- Create a better atmosphere for mealtimes with the Alzheimer's patient and make educated feeding and nutritional decisions when the time comes.

CEU Info

Counselors and Therapists: This program is approved for 4.5 hours of continuing education by Lowcountry AHEC, a division of SC AHEC, as defined by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists and meets the SC AHEC Continuing Education Best Practice Standards.

Psychologists: This program provides 4.5 (category B) credit hours.

Social Workers: This program is approved for 4.5 clock hours (trained hours) of continuing education by Lowcountry AHEC, a division of SC AHEC, as defined by the South Carolina Board of Social Work Examiners and meets the SC AHEC Continuing Education Best Practice Standards.

Nurses: Lowcountry Area Health Education Center is an approved provider of continuing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program, approval SCNA# 0311-029, has been approved for 5.4 contact hours.

Long Term Care Administrators: Hours applied for pending approval from the LTC Board.

The Ten Warning Signs of Alzheimer's Disease

1. Memory loss
2. Difficulty performing familiar tasks
3. Problems with language
4. Disorientation to time and place
5. Poor or decreased judgment
6. Problems with abstract thinking
7. Misplacing things
8. Changes in mood or behavior
9. Changes in personality
10. Loss of initiative

If you recognize several of these warning signs in yourself or a loved one, the Alzheimer's Association recommends consulting a physician.