

show tell: Tell your doctor of any serious reactions.

Congratulations on the vaccine you've received today – you've just taken one of the safest steps to protect yourself from what can be deadly illnesses. As safe as vaccines are, like any medicine there is a chance of serious reactions. However, the risk of serious harm or death is extremely small.

The following mild reactions are not unusual, and can be treated with whatever over-the-counter pain relievers you usually take. They are not a sign of anything serious, and should go away within a day or two.

- Soreness, redness, or swelling where the shot was given
- Mild fever
- Minor aches

The following are signs of a serious reaction. If you experience these, or any other unusual symptoms after receiving your vaccine, call your doctor immediately. Most severe reactions to a vaccine occur within 24-48 hours of receiving the vaccine.

- Trouble breathing
- Hoarseness or wheezing
- Hives
- Paleness
- Rapid heartbeat
- Dizziness

Make this immunization count!

Be sure to:

- Update your personal record that you've received this immunization – be sure to note the date.
- Check with your doctor to see if you need a second or third shot to complete a series, or if you'll need a booster in a number of years to maintain protection.

Ask your doctor to show you the facts about adult immunization.



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