

Medication Information

Lovenox® (Enoxaparin)

PURPOSE

Lovenox is used to help prevent abnormal blood clotting. This medicine slows the process of clot formation. It is a special kind of heparin, which can be given by subcutaneous injection and does not require monitoring with blood tests.

INSTRUCTIONS

Lovenox should be used only as directed by your doctor. Follow the directions for administering this medications by subcutaneous injection. **DO NOT** stop taking the medication unless told to do so by your doctor. **DO NOT** start taking any other medications without first talking to your doctor or pharmacist.

How do I self-inject Lovenox?

You should receive instruction on the proper use of Lovenox and proper technique for self-injection before giving yourself an injection for the first time. If you have any questions regarding your medication or how to properly inject yourself, contact your healthcare professional. Just follow these 10 steps:

1. Wash your hands well with soap and water. Dry your hands.
2. Sit or lie in a comfortable position so you can easily see the area of your stomach where you will be injecting.
3. Select an area on the right or left side of your stomach, at least 2 inches from your belly button and out toward your sides.
REMBEMBER: Do not inject yourself within 2 inches of your belly button or near scars or bruises. Alternate the site of injection between the left and right sides of the stomach.
4. Clean the area with alcohol. Allow the area to dry.
5. While the area is drying, carefully pull off the needle cap from the Lovenox syringe and discard cap. The syringe is prefilled and is ready to use. Do not press on the plunger prior to injection to expel the air bubble or medicine may be lost. To keep the needle sterile once you have removed the cap, do not set the needle down or touch the needle.
6. Hold the syringe in the hand you write with (like a pencil) and with your other hand gently pinch the cleansed area of your stomach between your thumb and forefinger to make a fold in the skin. Be sure to hold the skin fold throughout the injection.
7. Vertically insert the full length of the needle (at a 90-degree angle) into the skin fold.
8. Press down on the plunger with your finger. This will deliver the medication into the fatty tissue of your stomach. Be sure to hold the skin fold throughout the injection.
9. Remove the needle by pulling it straight out. You can now let go of the skin fold. To avoid bruising, do not rub the injection site after completion of the injection.
10. Rotate injection sites as directed

DISPOSAL: Drop the used syringe, needle first, into a sharps container made of hard plastic or metal with a plastic lid (e.g. coffee can). Do not use

glass containers. Close the lid tightly, and place the container out of the reach of children. When the container is full, dispose of it according to your healthcare provider.

When should I give myself Lovenox?

- Give only the number of Lovenox injections prescribed for you each day
- Take Lovenox at the same time each day
- For instructions on what to do if you miss a dose, call your healthcare professional immediately
- Continue giving yourself the injections for exactly the number of days prescribed by your healthcare professional

Where should I store my Lovenox syringes?

Lovenox injection prefilled syringes should be stored in a safe place at a temperature below 77°F (25°C), but above freezing-32°F (0°C). Do not freeze Lovenox. Store at room temperature.

CALL YOUR PHYSICIAN IMMEDIATELY IF ANY OF THE FOLLOWING OCCUR:

- Bleeding or oozing from the injection site
- Any other bleeding episodes; for example, bleeding at the site of injection, nosebleeds, appearance of red or dark brown urine or bowel movements, or if you cough or vomit blood
- Bruising of skin that appears more extensive than normal
- Pain or swelling in any part of your leg, foot, or hip
- Injury to yourself such as a serious fall or a blow to the head.
- Dizziness, numbness, or tingling
- Rapid or unusual heartbeat
- Chest pain or shortness of breath
- Vomiting, nausea, or fever
- Confusion

Remember to look at your previous injection sites for: redness, pain, warmth, puffiness, discoloration of the skin, or oozing, which could be signs of infection or a skin reaction. If you notice any of the signs listed, or anything unusual, contact your healthcare professional immediately.