

**Medical University of South Carolina
College of Nursing**

CLINICAL NURSING SKILLS CHECK LIST

Each student must have the Clinical Nursing Skills Check List available for every laboratory and/or clinical experience. All skills should be demonstrated independently with no errors, validated by a clinical instructor. The date each skill has been demonstrated, return demonstrated, and actually performed on a patient must be entered by the student, dated, and initialed by the clinical instructor. It is the responsibility of the student to keep the clinical instructor informed of skills that need to be performed. **Skills highlighted in bold are to be completed in lab by the end of the first semester.**

It is expected that the Clinical Nursing Skills Checklist will be kept current and may be reviewed by clinical instructors at any time during a clinical rotation. The Checklist (both electronic and paper) should be updated after each lab and clinical. The student is to keep a current electronic version of the Checklist in the event that the paper copy is misplaced (electronic version available first semester via WebCT – Adult Health I and Fundamentals). Data collection sheets and care plans should be kept to provide evidence those skills and procedures were performed.

CLINICAL NURSING SKILLS CHECK LIST

Name: _____

Skill	Observation Date	Return Demonstration	Patient #1
Pulse Rates & Sites			
Respiratory Rate & Quality			
Blood Pressure: Manual Auscultation Palpation			
Blood pressure: Electronic Auscultation			
Temperature : Axilla Oral Rectal Tympanic			
Physical Assessment – the student will perform examination using inspection, auscultation, palpation and percussion			
Health History Interview			
Examination			
Skin, Hair, Nails			
Eyes, Vision			
Ears			
Nose and Sinuses			
Mouth and Throat			
Neck			
Neck Vessels			
Lungs			
Heart			
Breast and Axillae			
Abdomen			

Skill	Observation Date	Return Demonstration	Patient #1
Musculoskeletal			
Peripheral vascular			
Neurologic			
General Assessment			
Appropriate Use of Instrumentation			
Assessment of Older Adult			
Assessment of Infant			
Assessment of Child			
Infection Control			
Hand Washing			
Standard/Universal Precautions			
Clean Gloving			
Sterile Gloving			
Sharps Disposal			
Contaminated Material Disposal			
Isolation Technique (masking, gowning & gloving)			
Sterile Technique/Sterile Field			
Cleaning Body Fluid Spills			
Toileting			
Use of Bedpan			
Use of Urinal			
Commode			
Hygiene			
Bed bath			
Partial bed bath			
Tub bath			
Shower			

Skill	Observation Date	Return Demonstration	Patient #1
Oral Care			
Care of Dentures/Retainers/Bridges			
Shaving			
Shampooing and Hair Care			
Nail Care (fingers & toes)			
Foot Care			
Care of Prosthetics (eyeglasses, contacts, eye prosthesis, hearing aid, artificial limbs)			
Eye, Ear & Nose Care			
Sitz Bath			
Mobility, Immobility & Positioning			
Body Mechanics			
Body Alignment			
Turning Patient			
Transferring Patient Bed Stretcher Chair			
Use of safety devices			
Use of restraints			
Use of Devices to Relieve Pressure Sores			
Active Range of Motion			
Passive Range of Motion			
Ambulation			
Use of Wheelchair			
Use of Crutches			
Use of Cane			

Skill	Observation Date	Return Demonstration	Patient #1
Use of Walker			
Bedmaking & Comfort Measures			
Making Occupied Bed			
Making Unoccupied Bed			
Back Rub			
Use of the Call Bell			
Transporting a Patient			
ID & Allergy Bands			
I & O Calculation & Recording			
Net Balance Calculation			
Genitourinary			
Straight Catheter Insertion/Removal			
Indwelling Catheter Insertion			
Catheter Irrigation			
Continuous Bladder Irrigation			
Catheter Removal			
Catheter Care Indwelling Condom			
Perineal Care			
Assist with Pap Smear			
Assist with Pelvic Examination			
Bowel Elimination			
Enema			
Selection/Application of Ostomy Appliances			
Ostomy Pouch Care			
Stoma/Peristomal Skin Care			
Ostomy irrigation			

Skill	Observation Date	Return Demonstration	Patient #1
Removal of Impactions			
Nutrition			
Gravity Feedings Enteral Gastrostomy			
Insertion/Maintenance of Enteral Feeding Tube			
Removal of Feeding Tube (not gastrostomy tube)			
Feeding Pumps			
Wound Management			
Clean Dressing Change			
Superficial Dressing Change (dry gauze, topical wound products)			
Deep Wound Packing			
Wet to Dry Dressing Change			
Sterile Dressing Change			
Wound Irrigation			
Suture/Staple Removal			
Heat & Cold Therapy			
Hot and Cold Applications			
Safe Medication Preparation & Administration			
Oral (tablets, capsules & liquids)			
Topicals, intradermal & transdermal			
Eye Drops/Ointment			
Ear Drops			
Nose Drops			
Nasal Sprays			

Skill	Observation Date	Return Demonstration	Patient #1
Nasal Inhalers			
Rectal			
Vaginal Instillations			
Subcutaneous			
Intramuscular			
Nasogastric/gastrostomy			
Reporting Errors			
Pain Management & Assessment			
Qualitative & Quantitative Assessment			
Patient Controlled Analgesia			
Relaxation Techniques			
Body Positioning			
Perioperative Care & Mobility			
Pre-Operative Preparation & Teaching			
Post-Operative Teaching			
Post Anesthesia Care			
Positioning: Supine, prone and side lying			
Trendelenburg & Reverse Trendelenburg Positioning			
Orthopedic/Vascular Care			
Traction Care			
Cast Care			
Continuous Passive Motion Exercise			
Prosthesis/Amputation Care			
Abduction pillow			
Application of Anti-embolism			

Skill	Observation Date	Return Demonstration	Patient #1
Stockings (TED hose)			
Application/Maintenance of Sequential Compression Device			
Application of Compression Stockings/Wraps			
Use of Doppler			
Basic EKG			
Specimen Collection			
Blood specimen/phlebotomy			
Sputum specimen			
Stool specimen			
Fecal Occult Blood Test (hemocult)			
Gastric Specimen from Nasogastric Tubes (gastrocult)			
Glucose testing/Fingerstick			
Tubes & Drains			
Insertion of Nasogastric Tube			
Nasogastric Tube Maintenance			
Gastrostomy Tube Maintenance			
Drainage Collection Device(s) Maintenance (JP drains, Hemovac)			
Respiratory Care			
Pulse Oximeters			
Nebulizer			
Use of AMBU Bag/Mask			
Use of Nasal Cannula/Rebreather			
Oxygen Mask			
Turn, Cough and Deep Breathe			
Incentive Spirometry			
Postural Drainage/Chest Physiotherapy			
Closed Chest Tube Drainage			

Skill	Observation Date	Return Demonstration	Patient #1
System Care			
Chest Tube Insertion Site Care			
Tracheostomy Care			
IV Therapy			
Tube Priming			
Set up Single & Multi-IV Line Configurations			
Peripheral IV Maintenance			
Peripheral IV Insertion			
Peripheral IV Site Care			
Peripheral IV Removal			
Central Line Management			
Central Venous Catheter Care			
IV Tube & Bag Changes			
Use of Infusion Devices			
Regulate Flow Rate			
Heplock Flush			
IV Medication Push			
IV Piggyback Medication			
Assessment for Inflammation/Infiltration			
Phlebotomy (blood drawing)			
Total Parenteral Nutrition Administration (TPN)			
Mental Health			
Self-awareness and appropriate self-disclosure			
Mental status examination			
Therapeutic communication skills			
Evaluate risk for suicide			
Evaluate risk for violence			

Skill	Observation Date	Return Demonstration	Patient #1
Antepartal Assessment			
Obstetrical History			
Estimation of DOB			
Auscultation of Fetal Heart Rate with Doppler			
Measurement of Fundal Height in comparison with McDonald's Rule			
Perform Leopold Maneuvers			
Evaluate extent of edema			
Evaluate deep tendon reflexes			
Intrapartal Assessment			
First Stage			
Second Stage			
Third Stage			
Fourth Stage			
Evaluate extent of edema			
Evaluate deep tendon reflexes			
Determine Fetal Lie			
Determine Fetal Attitude			
Determine Fetal Presentation			
Determine Fetal Position			
External Fetal Heart Rate			
Assess contractions manually			
Monitor contractions electronically			
Demonstrate comfort/complementary measures for labor contractions			
Assist positions to promote maternal pushing in Third Stage			
Use of Nitrazine Paper			
Postpartal Assessment			

Skill	Observation Date	Return Demonstration	Patient #1
(Vaginal or C-Section)			
Breasts			
Uterus			
Perineal/rectal area			
Lochia			
Elimination			
Lower extremities			
Perineal/rectal area			
Assist with breastfeeding			
Newborn Assessment			
Head to Toe Examination			
Vital Signs			
Weight & Length			
Head & Chest Circumference			
Eye Prophylaxis			
Inject Vitamin K			
Inject Hepatitis B			
Heel Stick			
Ballard Scale			
Newborn labs			
Vessel Count			
Newborn Neurological Functions:			
Moro			
Grasp (Palmar/Plantar)			
Fencing			
Step/Walk			
Babinski			
Pediatric Screening			

Skill	Observation Date	Return Demonstration	Patient #1
Height and Weight of Children			
Pediculosis Screening			
Vision Screening			
Hearing Screening			
Scoliosis Screening			
Dental Screening			
Administration of Parenteral Immunization to Child/Infant			
Use of Growth Charts			
Miscellaneous			
Patient/Family Teaching			
End of Shift Report			
Nutritional Assessment			
Other			

CLINICAL FACULTY SIGNATURES

Initial

Adult Health I and Fundamentals

Date

Health Assessment

Adult Health II

Psychiatric/Mental Health

Children and their Families

Women's Health

Synthesis
