How well do your patients know their DIABETES?
(Medical Student Survey)

** In order to assess any weak points in diabetic education here at Barnett Family Practice, this very general survey of current recommendations and diabetic principles has been distributed to both type I and II diabetic patients. (The answer "Don't know" was included on patient surveys for each question.)

1.Please check the answer that corresponds to what you believe the majority of patients should be able to answer.

2. Please give a percentage of patients who will correctly answer that question.

1. How often should you check your blood sugar [for the majority of patients]?
   - ☐ Only at doctor's office visit. ☐ At least once per day.
   - ☐ At least once per week. % correct: _____

2. Which food group will increase your blood sugar the fastest?
   - ☐ Carbohydrates (vegetables, starches, breads, fruits). ☐ Fats.
   - ☐ Proteins (meats, milk, cheese). % correct: _____

3. How often should you inspect your feet?
   - ☐ Only at doctor's office visit. ☐ At least once per day.
   - ☐ At least once per week. % correct: _____

4. What is goal level for the Hemoglobin A1c (HgbA1c) blood test?
   - ☐ Less than 7%. ☐ Between 9% and 12%.
   - ☐ Between 7% and 9%. % correct: _____

5. How often should your eyes be examined by your doctor / eye doctor?
   - ☐ At every doctor's office visit. ☐ Once every 5 years.
   - ☐ Once a year. % correct: _____

6. How low should your total cholesterol be?
   - ☐ Less than 200. ☐ Less than 1000.
   - ☐ Less than 500. % correct: _____

7. Tingling, numbness, burning pains, and decreased feeling in your feet is most likely a sign of?
   - ☐ Nerve damage due to high blood sugar.
   - ☐ Kidney damage due to high blood sugar.
   - ☐ Muscle damage due to high blood sugar. % correct: _____